

THREE WEEK MENU AUTUMN/WINTER 2022

OUR NEW
MENU CHOSEN
BY PARENTS
AND CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY







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AUTUMN/WINTER

W/C: 31/10, 21/11, 12/12, 02/01, 23/01, 13/02, 06/03, 27/03







MONDAY

TUESDAY

WEDNESDAY

Roast Turkey

Served with Roast Potatoes and

Gravv

THURSDAY

FRIDAY

Hot Main Dish

Vegetarian Sausage Served with Mashed Potato and Gravy



Jacket Potato V

With a choice of fillings

Cheese and Tomato Pizza

V





Beef Bolognese

Served with Wholemeal Pasta, Broccoli and Sweetcorn

Breaded Fish

Served with Chips, Peas and Beans

Vegan Sausage Casserole Served with Carrots and Cabbage





Vegetarian Bolognese

Served with Wholemeal Pasta, Broccoli and Sweetcorn



Quorn Dippers

Served with Chips, Peas and Beans

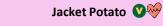
Third Choice

Alternative Dish

Salads

Jacket Potato

Available every day



With a choice of fillings

Jacket Potato 💟 😽

Freshly Prepared Salads

With a choice of fillings

Tomato Pasta 💟 💐 😽

Jacket Potato V

With a choice of fillings

Jacket Potato V



With a choice of fillings

Pasta

Wholemeal Pasta with homemade Tomato Sauce Available every day

Vegetables

Dessert

Carrots and Peas

Vanilla Ice Cream

Sweetcorn and Fresh Salad

Hot Chocolate Sponge with Chocolate Custard

Carrots and Cabbage

Oat Cookie with Fruit Slices

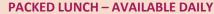
Fresh Broccoli and Sweetcorn

Apple Crumble with Custard 🗽

Peas and Beans

Shortbread

Served with Fruit Slices



CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL **VEG STICKS AND FRESH FRUIT DESSERT OF THE DAY**

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD YOGHURT AND FRESH FRUIT













Vegetarian Dily fish Wholegrain Fruity! W Nutritionist's choice



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Keralan Chicken Curry

Served with Wholemeal Rice,

Sweetcorn and Green Beans

FRIDAY

Hot Main Dish

Cheese and Tomato Pizza Served with Carrot and Cucumber Sticks



Jacket Potato 🕜 🚧

Chicken Korma Served with Rice

Sweet Chilli Vegetable Noodles

Served with Peas and Broccoli

₩

Roast Chicken Served with Yorkshire Pudding, Mashed Potato and Gravy

Vegetable Pie

Served with Mashed Potato and

Freshly Prepared Salads Available every day

Gravy V

Cauliflower and Sweet Potato Masala V 💝 💐

Served with Wholemeal Rice, Sweetcorn and Green Beans

Southern Fried Chicken Served with Chips, Peas and Beans

Quorn Dippers Served with Chips, Peas and Beans

Alternative Dish

Salads

Jacket Potato

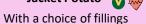
Pasta

Vegetables

Dessert

With a choice of fillings

Jacket Potato



Jacket Potato 👩 🤲

With a choice of fillings

Jacket Potato 🕜 🚧 With a choice of fillings

Jacket Potato 🕜 🤲 With a choice of fillings

Tomato Pasta 🕡 📦 🔬



Wholemeal Pasta with homemade Tomato Sauce Available every day

Carrot and Cucumber sticks

Jam Sponge

Peas and Broccoli

Banana and Apricot Flapjack served with Fresh Fruit **Carrots and Cabbage**

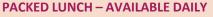
Chocolate Ice Cream

Sweetcorn and Green Beans

with Custard 🧼 腾

Peas and Beans

Apple and Berry Crumble served Strawberry Milkshake served with Fresh Fruit



CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL **VEG STICKS AND FRESH FRUIT DESSERT OF THE DAY**

AVAILABLE EVERY DAY WATER, SALAD, FRESHLY BAKED BREAD YOGHURT AND FRESH FRUIT













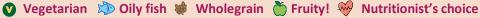


AUTUMN/WINTER









202

AUTUMN/WINTER

W/C: 14/11, 05/12, 16/01, 06/02, 27/02, 20/03







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Main Dish

Served with Peas and Carrots

Vegetable Chilli 🕜 🐲 😽

Served with Wholemeal Rice

Jacket Potato 💟 😽

With a choice of fillings

Salads

Alternative Dish

Jacket Potato

Pasta

Vegetables

Dessert

Pesto Pasta Bake V **Sweet and Sour Chicken**

Served with Wholemeal Rice

Served with Broccoli and Sweetcorn

Jacket Potato V

With a choice of fillings

Vegetable Chow Mein 🕜 🥪

Roast Chicken 😽

Served with Roast Potatoes and Gravy

Vegetable Pastry Roll V

Served with Roast Potatoes and Tasty Gravy

Freshly Prepared Salads

Beef Bolognese 🥪 🕍

Served with Wholemeal Pasta, Sweetcorn and Green Beans

Vegetarian Cottage Pie

Served with Sweetcorn, Green Beans and Gravy

Southern Fried Chicken

Served with Chips, Peas and Beans

Vegan Meatballs in Tomato Sauce

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Served with Chips, Peas and Beans

Available every day

With a choice of fillings

Jacket Potato 💟 😽

Tomato Pasta 💟 😽 😻

Jacket Potato 💟 😽

With a choice of fillings

Jacket Potato 💟 😽

With a choice of fillings

Wholemeal Pasta with homemade Tomato Sauce Available every day

Carrots and Cabbage

Peas and Carrots

Strawberry Ice Cream

Broccoli and Sweetcorn

Fruit Flapjack

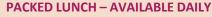
Fruit Jelly and Custard

Sweetcorn and Green Beans

Orange, Sultana and Carrot Slice

Peas and Beans

Chocolate Milkshake served with Chocolate Biscuit



CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL **VEG STICKS AND FRESH FRUIT DESSERT OF THE DAY**

AVAILABLE EVERY DAY WATER, SALAD, FRESHLY BAKED BREAD YOGHURT AND FRESH FRUIT



Internal





























