

HALAL

THREE WEEK MENU

AUTUMN/WINTER 2022

OUR NEW
MENU CHOSEN
BY PARENTS
AND CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

W/C: 31/10, 21/11, 12/12, 02/01, 23/01, 13/02, 06/03, 27/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Hot Main Dish	Vegetarian Sausage Served with Mashed Potato and Gravy V 🍷	Cheese and Tomato Pizza V	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognese 🍷 🌿 Served with Wholemeal Pasta, Broccoli and Sweetcorn	Breaded Fish Served with Chips, Peas and Beans
Alternative Dish	V 🍷	V	Vegan Sausage Casserole Served with Carrots and Cabbage 🍷 V	Vegetarian Bolognese Served with Wholemeal Pasta, Broccoli and Sweetcorn V 🌿 🍷	Quorn Dippers V Served with Chips, Peas and Beans
Third Choice					
Salads	Freshly Prepared Salads Available every day				
Jacket Potato	Jacket Potato V 🍷 With a choice of fillings	Jacket Potato V 🍷 With a choice of fillings	Jacket Potato V 🍷 With a choice of fillings	Jacket Potato V 🍷 With a choice of fillings	Jacket Potato V 🍷 With a choice of fillings
Pasta	Tomato Pasta V 🌿 🍷 Wholemeal Pasta with homemade Tomato Sauce Available every day				
Vegetables	Carrots and Peas	Sweetcorn and Fresh Salad	Carrots and Cabbage	Fresh Broccoli and Sweetcorn	Peas and Beans
Dessert	Vanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Oat Cookie with Fruit Slices 🍷 🍏	Apple Crumble with Custard 🍷 🍏	Shortbread Served with Fruit Slices

PACKED LUNCH – AVAILABLE DAILY
CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL
VEG STICKS AND FRESH FRUIT
DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT AND FRESH FRUIT

V Vegetarian 🐟 Oily fish 🌿 Wholegrain 🍏 Fruity! 🍷 Nutritionist's choice

WEEK 2 MENU

W/C: 07/11, 28/11, 09/01, 30/01, 13/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Hot Main Dish	Cheese and Tomato Pizza Served with Carrot and Cucumber Sticks	Chicken Korma Served with Rice	Roast Chicken Served with Yorkshire Pudding, Mashed Potato and Gravy	Keralan Chicken Curry Served with Wholemeal Rice, Sweetcorn and Green Beans	Southern Fried Chicken Served with Chips, Peas and Beans
Alternative Dish	 Cheese and Tomato Pizza Served with Carrot and Cucumber Sticks	Sweet Chilli Vegetable Noodles Served with Peas and Broccoli	Vegetable Pie Served with Mashed Potato and Gravy	Cauliflower and Sweet Potato Masala Served with Wholemeal Rice, Sweetcorn and Green Beans	Quorn Dippers Served with Chips, Peas and Beans
Salads	Freshly Prepared Salads Available every day				
Jacket Potato	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings
Pasta	Tomato Pasta Wholemeal Pasta with homemade Tomato Sauce Available every day				
Vegetables	Carrot and Cucumber sticks	Peas and Broccoli	Carrots and Cabbage	Sweetcorn and Green Beans	Peas and Beans
Dessert	Jam Sponge	Banana and Apricot Flapjack served with Fresh Fruit	Chocolate Ice Cream	Apple and Berry Crumble served with Custard	Strawberry Milkshake served with Fresh Fruit

PACKED LUNCH – AVAILABLE DAILY
CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL
VEG STICKS AND FRESH FRUIT
DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT AND FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's choice

WEEK 3 MENU

W/C: 14/11, 05/12, 16/01, 06/02, 27/02, 20/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN/WINTER 2022

Hot Main Dish	Pesto Pasta Bake Served with Peas and Carrots	Sweet and Sour Chicken Served with Wholemeal Rice	Roast Chicken Served with Roast Potatoes and Gravy	Beef Bolognese Served with Wholemeal Pasta, Sweetcorn and Green Beans	Southern Fried Chicken Served with Chips, Peas and Beans
Alternative Dish	Vegetable Chilli Served with Wholemeal Rice	Vegetable Chow Mein Served with Broccoli and Sweetcorn	Vegetable Pastry Roll Served with Roast Potatoes and Tasty Gravy	Vegetarian Cottage Pie Served with Sweetcorn, Green Beans and Gravy	Vegan Meatballs in Tomato Sauce Served with Chips, Peas and Beans
Salads	Freshly Prepared Salads Available every day				
Jacket Potato	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings	Jacket Potato With a choice of fillings
Pasta	Tomato Pasta Wholemeal Pasta with homemade Tomato Sauce Available every day				
Vegetables	Peas and Carrots	Broccoli and Sweetcorn	Carrots and Cabbage	Sweetcorn and Green Beans	Peas and Beans
Dessert	Strawberry Ice Cream	Fruit Flapjack	Fruit Jelly and Custard	Orange, Sultana and Carrot Slice	Chocolate Milkshake served with Chocolate Biscuit

PACKED LUNCH – AVAILABLE DAILY
CHICKEN OR CHEESE SANDWICH OR DAILY SPECIAL
VEG STICKS AND FRESH FRUIT
DESSERT OF THE DAY

AVAILABLE EVERY DAY
WATER, SALAD, FRESHLY BAKED BREAD
YOGHURT AND FRESH FRUIT

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's choice