



NEWSLETTER

A message from the



PRINCIPAL

Dates for Your

DIARY



Tuesday 30th January

Y1 to Y6 Reading Workshop for pupils

Thursday 1st February

Y5 Trip to the Think Tank

Monday 5th February

Year 2 Cookery workshop for pupils

Thursday 9th February

BREAK UP FOR HALF TERM

Monday 19th February

Return to school

Dear Parents,

It is a very short half term this time around but we still have lots of opportunities to make it count!

Pupils and parents—we need to look at lunchboxes as we have noticed that some pupils are bringing in food that is full of sugar and fat. We have already discussed this with our Junior Leadership Team, Head Boy, Head Girl and Deputies and will be asking pupils and parents their thoughts over the next few weeks. As a school we have a duty to make sure that pupils' lunches are healthy so that they have all the

vitamins and minerals that will help them have a healthy body and a healthy mind!

Parents, please support us by making sure that your child's lunch box has at least one piece of fruit and vegetables in it, some protein (meat, fish, nuts etc) and some dairy (cheese, eggs, yoghurts) No fizzy drinks are allowed in lunchboxes so please swap these for water, milk or juice. And of course—no sweets in lunchboxes!

Please see over the page for more ideas.

Many thanks!

Mrs H Mitchell

Principal

HEALTHY LUNCHBOXES

FOR A HEALTHY LUNCHBOX **PICK & MIX**
SOMETHING FROM EACH GROUP 1-6!



Swap for

Fatty processed meats (e.g. hot dog sausage, pepperoni, corned beef, luncheon meat etc.)	➡	Lean meat chicken, turkey, tinned tuna (drained)
Deep fried samosas	➡	Oven baked samosas
Butter	➡	Low fat spreads
Bread rolls	➡	Wholemeal bread, wraps or pittas
Crisps	➡	Salad or carrot and cucumber sticks
High sugar and fizzy drinks	➡	Water
Cakes and chocolate	➡	Fresh fruit or tinned fruit in jelly or low fat yoghurt

Attendance Matters



Every Day Counts....

Attendance for the Academy so far this term is 95.9% which we are really pleased with. We have dropped slightly from the 96% and above that every school aims for, however, with your support we are making great progress, so thank you parents and children!

The following classes are doing particularly well and deserve a special mention!

5S - 98%

3F - 98%

If you have any concerns regarding your child's attendance, please contact Mrs D Rai or Mrs J Phillips by calling the school office.

Little Reminders:

*If you arrive after 8:55am you will need to go to the school office to sign and provide a reason why you are late.

*Each day your child is absent from school, you will need to call the school office on 01922 721359 by 9:30am - providing a valid reason why.

Attendance Matters!



Every Student, Every School, Every Day

Safeguarding



This Month's
Focus—Online
Safety

Mobile Phones

This is a reminder to all parents and pupils that mobile phones are not allowed in school at all.

The only exception to this is for any Year 6 pupils who have permission to walk home on their own. They must hand it in to their teacher or the office so it is stored away safely during the day.

All pupils and their parents have signed our Acceptable Use policy which states that they will not bring any personal mobile devices to school.

Please support us with this and ensure that your child's mobile device stays at home during the school day.



No mobile phones

MUCK, MESS AND MIXTURES!



Year 2 had their Messy Afternoon on Monday to introduce their Muck, Mess and Mixtures topic. The children loved it and were able to use excellent vocabulary to describe the textures.

HOME LEARNING!

Our link corridor continues to look fabulous, thanks to all the amazing work that the children have created over the holidays linked to their new topics. Many thanks parents and carers for your won-



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